

Monday, October 28, 2024

Good Morning Ketcham Nation!

Today is Day 6

Today's Motivation: If people are doubting how far you can go, go so far that you can't hear them anymore.

STUDENT COUNCIL

A huge THANK YOU to everyone who joined in for Spirit Week! Shoutout to the Seniors for taking first place in the Hallway Decoration Contest, and major cheers to the Juniors for their Pep Rally victory! We hope you had an unforgettable time at the Bonfire and Homecoming Dance!

CROSS COUNTRY

Congratulations to Abby Kowalczyk for winning the Northern Counties Championships for an unprecedented FOURTH consecutive year with a personal best at the 5k distance under 18 minutes! That time is an RCK Storm all-time best as well! Elizabeth DelRosso had an impressive personal best to finish in 10th overall.

For the boys, the character of a team is often defined by those who step up when others are absent. Such was the case today as Derek Munoz and Nick Soto had critical finishes to help secure 3rd place overall for the team. They were led by Matt Kowalczyk, Isaac Menjivar, and George Soyka, each of whom medaled.

The individual performances were beyond expectations for all of the athletes. They all set new personal bests! Great job!

VOLLEYBALL

Congratulations to the Boys Varsity Volleyball team, who just officially wrapped up their season as League Champions! Their record was 9-1 in league play, and 14-3 overall. The team was dominant on the court, and the only season losses were epic 5-set matches that could have gone either way. The team also had two very strong tournament performances, and the boys can challenge the best teams the region can produce. On to Sectionals this week!

ASL CLUB

ASL Club will meet after school in room 358 on Monday, Oct. 28th. We will be going over signs about family and playing a game! Come join! No prior experience necessary. See you there!

GIRLS BASKETBALL

OPEN GYM SCHEDULE FOR THE WEEK OF 10/28:

MONDAY - 2:30-4

TUESDAY - 3:30-5

WEDNESDAY - 2:30-4

Any questions, see Coach Mealy

BOWLING

Anyone interested in trying out for the RCK Bowling Team please attend the information meeting on 10/29 in room 115 at 2:30. Please sign in for winter sports on arbitersports ASAP. Tryouts start 11/18-11/20.

BOYS BASKETBALL

Open Gym next week for boys basketball will be Tuesday (10/29) 2:30-4:00.

OMG CLUB

Join THE OMG Christian club as we Fall into Fall. Makers space (room 212) October 30 from 2:25pm to 3:30pm. We will be decorating cookies and cupcakes. all are welcome to join!!

FRENCH HONOR SOCIETY

The French Honor Society will be meeting after school in room 343 on Friday, November 1st to plan for our bake sale fundraiser during National French week. All members please make every effort to attend!

DODGEBALL

Dodgeball Tournament @ RCK!

Friday, November 8

530pm-1000pm

JV and Varsity divisions for Boys and Girls

6 players per team

Details in the link below

Link to register: <https://forms.gle/jPCRG8E9123Uzm8DA>

See Mr. Remick for more information

BOYS SWIMMING

Anyone interested in boys varsity swimming - please email Coach Cerrato or Coach Milanese. Boys season starts November 18th.

renay.cerrato@wcsdny.org

celestine.milanese@wcsdny.org

BAKE SALE

Masque & Mime students will be selling baked goods in the cafeteria on November 5th. Come support our bake sale!

BOLLYWOOD CLUB

Bollywood Club - Meets Wednesdays in Room 340. All are welcome.

RCK PTSA SCHOLARSHIP FUNDRAISER

There's still time to support our PTSA fundraiser at Roy C. Ketcham High School! This year, we're raising funds to provide five \$1,000 scholarships for our graduating seniors, and your contribution can make a big difference. We've partnered with **Apple Blossom Farms** to offer delicious, apple-themed gift boxes—perfect for Thanksgiving! These make wonderful gifts or treats to share with family:

- **Caramel Candy Apple Kit Gift Box**
- **Variety Apple Pack**
- **Breakfast Box**
- **Roy C. Ketcham Apple Delight Gift Box** (our exclusive!)

These boxes are a great way to brighten your holiday and support our students at the same time!

Key Dates:

- **Order Deadline:** November 3, 2024
- **Pick-Up Date:** November 25, 2024, just in time for Thanksgiving!

To view and purchase the gift boxes, click here: [APPLE GIFT BOX ORDER](#)

Or copy and paste this link: <https://rck.givebacks.com/store?limit=21&live=true>

Thank you for your generosity and support!

PET FOOD DRIVE

NHS will be collecting dry or wet pet food to benefit the Hudson Valley and Dutchess County SPCA until 11/17. They prefer Purina Pro Plan and Purina One, any size, breed and flavor is accepted. They would also accept Fancy Feast wet cat food and KMR Kitten Milk. The boxes will be in the main lobby. Thank you.

STUDENT COUNCIL

Meetings are every Tuesday at 2:30 PM in the Cafeteria! This is a great opportunity to share your ideas and help plan upcoming events. Don't forget to join our Google Classroom for updates. We can't wait to see you there!

<https://classroom.google.com/c/NzEyOTUxMjY3ODIz?cjc=76sszjl>

CLOTHING DRIVE

Masque & Mime is holding a Clothing drive, collecting clean, wearable clothing and shoes. It is easy to help, simply clean out a closet or attic and place the items in a white garbage bag and tie it securely then bring it to the Auditorium Saturday November 9th between the hours of 9:00am-5:00pm or November 12-15 between the hours of 2:30-8:30pm. Use the link below to see the flyer with the eligible items to donate:

<https://docs.google.com/document/d/1fuSiyWU4QmQ5FYHqDBTDoqse13xFE6p4/edit?usp=sharing&ouid=102934067403427952386&rtpof=true&sd=true>

SPARROW'S FEST

Attention all musicians, singers, and dancers!

Sign up to participate in our Sparrow's Fest concert that will be on 12/6! Use the QR code in the flyer to sign up https://drive.google.com/file/d/1rNQxpKpycLF4S4_Y_EVyUcD7xX7uPYuB/view?usp=sharing

The goal of the concert is to raise money and donate funds to Sparrow's Nest organization. The performance can be anything music related; it can include but is not limited to singing, dancing, or any kinds of instrumentals. See Ms. McMillan in 333 or Casey Muller for any questions.

CLOTHING DRIVE

Wappingers Crew will host a clothing drive on November 9 at RCK.

Details here: <https://drive.google.com/file/d/189R4UNIWEifD-ueeuqWSCYBRVHZhB6S5/view?usp=sharing>

FREE COLLEGE APPLICATION WEEK

SUNY is excited to bring back Free Application Week! **Beginning Monday, October 21st, and ending Sunday, November 3rd**, students can apply to up to five SUNY campuses with no application fee! This includes all campuses, no matter which application vehicle the student uses. Details are available here: www.suny.edu/apply

Explore the following website for a comprehensive list of SUNY, CUNY, and private colleges and universities participating in Free Application Week. Don't miss out!

<https://www.hesc.ny.gov/school-counselors/college-application-month/site-coordinators/2024-nys-colleges-waiving-application/>

AP EXAM REGISTRATION

Attention AP Students. The AP exam ordering window is now open. All AP exams must be ordered and paid for by **November 8**. We will be using **Family ID for exam payment**: <https://account.familyid.com>. There will be a \$40 fee for any exams ordered after this date. This year's AP exam fee is **\$99 per test**. **Also, all AP students must "JOIN" their AP class at Collegeboard.com. Here are the "[Join Your AP Class Section Online Instructions](#)".** CollegeBoard will charge a \$40 cancellation fee for any exam canceled before 3/14/25 and does not allow cancellations or additional orders after this date.

ENL RESOURCE NIGHT

College pathways, career opportunities, local resources, Infinite Campus support. Learn all the district has to offer and more! Dinner and childcare provided. All WCSO Family Members Welcome! Thursday, Nov. 14th at 6:30pm at John Jay High School.

MEDIA OUTLET CLUB

Ever dream of making your own podcast? Being a news anchorperson? or Being a video or photojournalist? The media outlet club might be for you. Anyone interested in participating in a media outlet club, please join us Tuesdays after school in room 213. Writers, public speakers, photographers, videographers, and podcasters are encouraged to visit. Please see Mr. Foxhall (Rm. 213) with any questions.

LITERARY MAGAZINE

Attention all creators, writers, editors, and artists! Do you want to be part of a community of creators? [Join RCK's Literary Magazine!](#) We meet every Tuesday in room 208! Please reach out to Ms. Bardes or email kristina.bardes@wcsdny.org for more information. This week's spooky season writing

ATTENTION SENIORS

Check out our scholarship page at <https://www.wappingersschools.org/Page/8613> Click on the 2024-2025 Scholarship Summary. Scholarships are also posted in the Class of 2025 Google Classroom and hard copies are available in the Guidance Office. New Scholarships are posted weekly depending on availability.

UNICEF CLUB

Are you interested in quality community service, advocating for the human rights of war victims and children, and a fun after-school activity? Then UNICEF is the club for you! Join the GC for more info! GC: ovydeut

ATTENTION SENIOR PARENTS

YEARBOOK

Please fill out this form by October 31st if you want your senior's grade school (kindergarten - 5th grade) picture to appear in the yearbook. Follow the directions on form please. **NO LATE SUBMISSIONS CAN BE ACCEPTED.**

<https://docs.google.com/forms/d/e/1FAIpQLSfMter0xLYdJAeCCaCp8EdiYAogOXyT8nSdT633XNxfu6uibA/viewform>

PURCHASE YEARBOOK

Purchase your yearbook at buytheyearbook.com School Code is 722673. EARLY BIRD SPECIAL UNTIL

DECEMBER 31st. YEARBOOKS HAVE SOLD OUT THE LAST THREE YEARS. Don't miss out. Cost \$100.00 price increases January 1st.

TRIBUTE ADS FOR SENIORS

Celebrate your senior's journey and achievements with a special tribute ad in this year's yearbook! It's a perfect way to commemorate their hard work, memories, and milestones as they prepare to graduate. Don't wait until the deadline! Secure your tribute ad now to ensure it's included. Spaces are limited, and waiting until the last minute could mean missing out on this unique opportunity.

Visit <https://www.tributeads.com/> to purchase and design your tribute ad today. DEADLINE is 2/7/2025. Let's make this yearbook one they'll cherish forever!

SENIOR PORTRAITS

SENIORS do not wait to get your Senior Portrait done. All SENIOR PORTRAITS must be completed through Legacy Studios by December 31st. Next set of dates are 10/28-11/1. Make your appointment today! <https://seniors.legacystudios.com/roy-c%20-ketcham-hs/>

COLLEGE VISITS

Check the RCK calendar or Guidance Office for a list of upcoming college visits. Remember, you must be registered in SCOIR to attend.

<https://www.wappingersschools.org/Page/8447#calendar3141/20241028/month>

LEARNING CENTER

Peer tutors are available to help struggling students to succeed to the best of their ability. If you'd like to get help in any of your subjects, just e-mail Mr. Cunningham (or see him in room 258) and let him know what subjects you need help in. Keep in mind that this is a volunteer program, so no guarantee can be made that a tutor will be found.

WEIGHT ROOM

The Weight Room will be open for all students on Tuesdays & Thursdays 6:50am-7:20am with Mr. Mealy & after school 2:30-3:30pm with Mr. Perry. You may take the late bus home if you need to. Google Classroom Join Code: ioaesrv

ATTENDANCE

If your child will be absent or has an attendance issue, we ask that you do not call the school but, instead, please email: ketcham.attendance@wcsdny.org

ACTIVITY PASS

Reminder: any student who stays after school for any reason (clubs, athletics, etc) must obtain a pass from their teacher, coach or advisor. You must have a pass to take the late bus.

Have an announcement? Send it to rck.announcements@wcsdny.org

Make this a great day RCK and remember to go #All In All Ways.

Your principal,
Dave Seipp